NC TRACK & FIELD SKILLS CLINIC
a learn-by-doing clinic for athletes and coaches

Taught by experienced clinicians who train record-holders and scholarship-earners:

Reggie Barnes | Horizontal Jumps
Nat Carter | High Jump
Donald Davis | Hurdles
Shelton Harrison | Shot Put & Discus

Athletes will receive form cues and personalized feedback that will help to improve their hurdling, jumping and throwing techniques. Coaches will learn training tips and strategies specific to youth athletes.

EVENT DETAILS
AMERICAN HEBREW ACADEMY
4334 HOBBS RD. GREENSBORO, NC
$35/athlete | $60/coach

Saturday, Feb 23 | 12:00PM - 5:00PM

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